



# FINANCIAL STABILITY.

LIVE UNITED

**hunterdon thrive**

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### HAT IS FINANCIAL COACHING?

Financial coaching is a series of one-on-one sessions to help you improve your financial performance and achieve your self-determined financial goals.

#### Key Elements of Coaching

- Helps you move forward financially
- Focuses on your unique needs and goals
- Assists you in learning new and/or practicing smart money management in a supportive environment
- Focuses on long-term results

#### Common Short Term Financial Goals

- Build an emergency fund – the foundation for your long-term financial stability
- Reduce debt
- Down payment on new car

#### Common Intermediate Financial Goals

- Pay off credit card debt
- Pay off student loans
- Save for a down payment on a house
- Save for education of children or grand children

#### Long-Term Goal

- Save for retirement

## HOW

you reach your financial goals is your choice – your goals, your path with community support.



**United Way of Hunterdon County**

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